

MES COLLEGE ERUMELY

WEBINAR REPORT

യോഗയുടെ ആനുകാലിക പ്രസക്തി

Organized by

DEPARTMENT OF BUSINESS ADMINISTRATION AND ESPRIT

In Association with

CDC

Organized on 20 June 2021 Time : 3:00 PM to 4:00 PM Venue : Google Meet (Virtual Platform)



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Prof. (Dr.) ANIL KUMAR S. PRINCIPAL MES COLLEGE ERUMELY

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BROCHURE

MES COLLEGE ERUMELY DEPARIMENT OF BUSINESS ADMINISTRATION AND ESPRIT IN ASSOCIATION WITH CDC ORGANIZES WEBINAR ON

'യോഗയുടെ ആനുകാലിക പ്രസക്തി"____

RESOURCE PERSON



Yogacharya Lis Mathew

Yoga is a light which once lit will never dim, the better your practice the brighter your flame.

Happy International

Yoga Day

Student Coordinator SHILPA DAS

HOD Business Administration ANUMOL JOSEPH CDC Director KAVITHA P.D

Principal MAHEEN M.N

PROPOSE P.O.

Pin: 686 509

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June 20,2021 | 3PM to 4PM | Via Google Meet

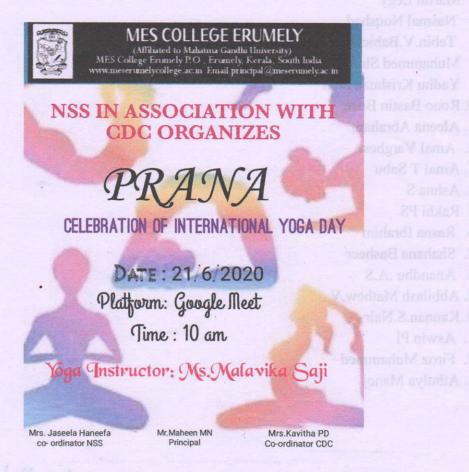
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INTERNATIONAL YOGA DAY CELEBRATION 21 JUNE 2020



International Day of Yoga, "PRANA" was observed through the online mode since there were, covid restrictions. Students joined in the Google meet. Ms. Malavika Saji took classes for the Students.



Participant names

MES COLLEGE ER

- 1. Ashik Jamaludeen
- 2. Althaf Zakeer

Ajmal V.A
 Joyal Antony

- Joyal Antony
 Martin Legy
- 6. Nasmal Noushad
- 7. Tebin V.Babichan
- 8. Muhammed Shah
- 9. Yadhu Krishnan .V.S
- 10. Rono Bastin Bose
- 11. Aleena Abraham
- 12. Amal Varghese
- 13. Amal T Sabu
- 14. Ashna S
- 15. Rakhi PS
- 16. Rasna Ibrahim
- 17. Shahana Basheer
- 18. Anandhu .A.S
- 19. Abbilash Mathew.V
- 20. Kannan.S.Nair
- 21. Aswin Pl
- 22. Firoz Muhammed

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23. Athulya Manoj

Jul Prof. IL KUMAR S. PRINCIPAL.

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"യോഗയുടെ ആനുകാലിക പ്രസക്തി "

PROGRAMME SCHEDULE

 Venue: Google Meet (Virtual Platform)

 Date: 20/6/2021
 Time: 3:00pm-4:00 pm

Prayer: Sofiya (3rd year BBA)

Welcome Speech : Mrs. Anitha Mathew (Dept. of Computer science and Event coordinator)

 Presidential Address : Mrs Anumol Joseph (HOD OF Dept. of Business Administration)

 Inauguration
 : Mrs.KAVITHA P.D (CDC Director)

Resource person

: Yogachrya Mrs. Lis.Mathew

Vote of thanks : Shilpa Das (3rd year BBA-Student coordinator)

National Anthem



Prof. (Dr.) ANIL KUMAR S. PRINCIPAL MES COLLEGE ERUMELY

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INTRODUCTION

The International Day of Yoga has been celebrated annually on 21 June since 2015. Webinar organised by MES College Erumely

Department of Business Administration and ESPRIT in association with CDC was conducted on 20 June 2021 at Google Meet virtually.

The event started with a prayer song (Sofiya from 3rd year BBA). and the welcome speech given by Mrs. Anitha Mathew, she welcomed everyone. The presidential address is given by Mrs. Anumol Joseph department of BBA.

Followed by the inauguration Mrs. Kavita P. D (CDC director). After the inauguration the resource person Yogacharya Mrs.Lis Mathew shared her knowledge and ideas about yoga to the audience. Her knowledge was a great asset for the audience. The vote of thanks was given by Shilpa Das (3rd year BBA). The whole event ended with the national anthem.

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PICTURES