



MES COLLEGE ERUMELY

COUNSELLING CENTER & DEPARTMENT OF PSYCHOLOGY

In association with

CDC

Organised a webinar on

“DE-ADDICTION COUNSELLING”

29th November, 2021, 4.00 pm to 5.00 pm

Organizing committee

Ms. Ayrin Peter (counselling centre coordinator)

Ms. Darly A G (CDC director)

Ms. Anitha Mthew (webinar coordinator)



Prof. (Dr.) ANIL KUMAR S,
PRINCIPAL
MES COLLEGE ERUMELY

MES COLLEGE ERUMELY



Affiliated to Mahatma Gandhi University
MES College P. O. Erumely, Kerala - south India
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COUNSELLING CENTRE,
UG DEPARTMENT OF PSYCHOLOGY
IN ASSOCIATION WITH
CDC

Jointly Presents

WEBINAR

on

DE-ADDICTION
COUNSELLING



MONDAY, NOVEMBER 29
4.00 PM TO 5.00 PM

Resource Person:
Ms. Aswani (Counselling Psychologist)

Ms. Ayrin Peter
(Counselling centre coordinator,
Asst Pro, Dept of psychology)

Ms. Anitha Mathew
(Webinar Coordinator)

Ms. Darly A G
(CDC Director)

Mohammed Akram
(Counselling centre, student coordinator)



PROGRAMME SCHEDULE

WEBINAR ON

DEADDICTION COUNSELLING

29 NOVEMBER 2021 / 4:00 PM to 5.00 PM / ZOOM PLATFORM

ATTENDEES : All UG & PG students

AGENDA : To abstain all students from the harmful effects of substances

Prayer

Welcome speech : Mohammed Akram (student coordinator, counselling centre)

Presidential address. : Mrs. Anitha Mathew (webinar Coordinator)

Inaugural address : Mrs. Darly AG (CDC director)

Resource person. : Ms.Aswani (Counselling Psychologist)

Vote of thanks. : Amna M Azeez (Student, psychology dept)

National anthem



WEBINAR REPORT

DE-ADDICTION COUNSELLING

The webinar on “DE-ADDICTION COUNSELLING” for all students and faculties of MES college erumely, was conducted on 29/11/2021 by Counselling centre & Department of Psychology in association with CDC, MES College Erumely.

Resource person: Ms.Aswani (Counselling Psychologist)

Date & Time: 29th November, Monday 4.00 PM –5.00 PM



A handwritten signature in green ink, appearing to be "Anil Kumar S.", written over a horizontal line.

Prof. (Dr.) ANIL KUMAR S.
PRINCIPAL
MES COLLEGE ERUMELY

INTRODUCTION

The webinar commenced with a silent prayer followed by the welcome speech from, Mohammed Akram (student coordinator, counselling centre). In the presidential address, Ms. Anitha Mathew (Webinar Coordinator), pointed out the relevance and importance of the need of deaddiction counselling at this time period. Inauguration of the webinar was done by Ms. Daryl A G (CDC Director).

Totally 37 Participants including Faculties and Students of MES College, Erumely participated in this Programme. The participants asked their questions and the programme ended up with a vote of thanks by Amna M Azeez (Student, psychology dept). Students actively participated throughout the webinar. The session was very informative and fruitful for the students.

TECHNICAL SESSION

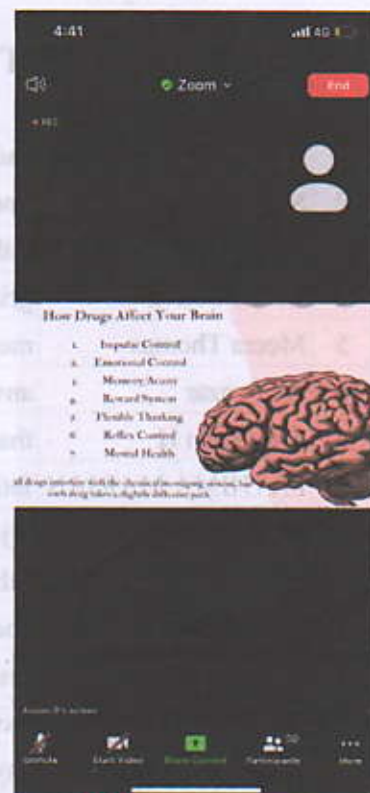
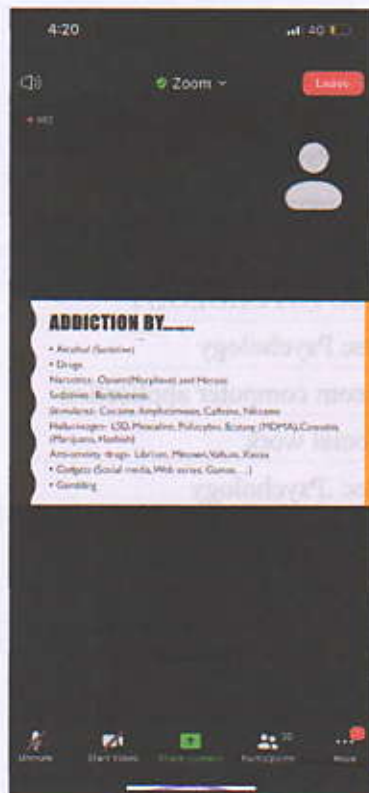
The technical session on "De-addiction counselling" Webinar was delivered by the resource person, Ms. Aswani, Counselling Psychologist. The Webinar is conducted in a Session. She also made the participant aware about the deaddiction counselling through power point presentation, prepared by her. She explained substance abuse and its effects on brain and other body parts. Also she enlightened listeners interest to have an in depth awareness about treatment programmes to overcome it. Students actively participated throughout the webinar. This session was very informative and useful for the students.

PARTICIPATION LIST

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